

built on a succession of terraces that form the southern side of the beautifully wooded Mount Royal, which has an altitude of some 900 feet above the sea. Mount Royal Park forms one of the principal pleasure grounds of the city, and a most delightful and enchanting panoramic view of the city and surrounding country can be obtained from the "Observation Point" or "Look Out."

The climate, too, is ideal, the summer heat being tempered by cool breezes, tempting thousands of tourists, who visit the city in ever increasing numbers; while the winter snows are looked forward to with keen anticipation as heralding a season of outdoor sports and pastimes which are unsurpassed. Hockey is the national winter game, whilst skating, tobogganing, ski-ing, snow-shoeing, sleighing, and many other recreative amusements vie with each other in making the winter months a period of healthy and invigorating exercise combined with wholesale amusement and pleasure.

The Montreal (Local) Branch of the V. O. consists of a Lady Superintendent and thirty nurses. This, again, is subdivided into ten districts, each having from one to six nurses, but for a population of over half a million the demand is far greater than the supply. New districts would be immediately opened up providing it were possible to supply the necessary staffs. In addition to the above, the Royal Edward Institute for Tuberculosis employs two nurses, whilst three are employed by the Protestant School Board.

The nurses work for eight hours a day, or from 8 a.m. to 1 p.m., and from 2.30 to 5.30 p.m. They are not expected to pay more than seven to eight visits during the day. At times the cases lie at some distance apart, but the Street Car Service is always available, and even quite remote suburbs are quickly reached.

The work is very interesting, the majority of cases being maternity and typhoid, with a good percentage of operations and other general work. Midwives are not allowed to practise in Canada. The homes are, on the whole, cleaner than those visited in England, the occupants in most cases earning good wages and having an air of comfort and well-being about their surroundings. This is chiefly noticeable in the homes of the English and French speaking Canadians. It is usually only among the Poles and Roumanians and other foreigners of this cosmopolitan city that one finds squalid homes, though this is not for want of means. Often these foreigners are most grateful and willing to pay highly for the services of the nurse. Parts of the city are almost entirely French, so that a knowledge of the French language is very useful.

The charge for each visit of the nurse varies from 5c. to 50c. (2½d. to 2s.), but the very poor are attended free.

There is one central home, where seven nurses and the Lady Superintendent live. Those working in the suburbs usually rent a flat and live together, or they may live in private or boarding houses subject to the approval of the Lady Superintendent, and provided they can have the use of a telephone.

The salaries of the nurses are good, and range from \$25.00 (£5) to \$30.00 (£6) per month. In addition to this, each nurse is allowed \$20.00 (£4) per month for board and room expenses, \$3.00 (12s.) for laundry, and \$5.00 (£1) for car fares. The expenses of living and clothing are not so great in Canada as one often hears. Excellent bargain sales occur regularly at all the stores, but such articles as furs, linen goods, blankets, felt hats, woollen underwear, and dress materials are certainly cheaper in England.

If some English nurses who read this article feel inclined to take up work in our beautiful Dominion, they may rest assured that they will always find an enormous field of work in this vast country. Should any nurse wish to learn further particulars of the V. O. work in Montreal, a letter addressed to the Lady Superintendent, 29, Bishop Street, Montreal, will always bring a courteous reply.

A. A.

Farewell to Miss Rundle.

ISLA STEWART SCHOLAR.

Miss M. S. Rundle left London on Wednesday for Liverpool, the first stage of her journey to New York—fraught with so many hopes for the future. Selected by the League of St. Bartholomew's Hospital Nurses as the first Isla Stewart Scholar, Miss Rundle fully appreciates her most honourable responsibility, and her work will prove, we feel sure, that the League could have made no better appointment.

Amongst those present at Euston Station to bid Miss Rundle good-bye were Miss Cox-Davies, President of the League, Mrs. Bedford Fenwick, Miss M. Sleigh (Sister Lucas), and several nurse friends, and she went off in the best of spirits, keenly anticipating the pleasurable experiences of the future in a new world of thought and effort.

We think our American colleagues will agree that we have sent them a very charming and promising pupil. The reputation Miss Rundle has made at home is of the highest.

Luck go with her.

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